

# Guides for Film Screenings

## FAMILY DISCUSSION GUIDE

**First, show [this video](#) to the young people in your life** (downloadable version [here](#)).

In less than four minutes, it explains the dangers they face from illicit fentanyl and fake pills, and how to stay safe.

### Then, talk to your loved ones.

Whether we are talking about drugs, dating, mental health, or any other sensitive subject, we want young people to feel safe to honestly share their feelings, ask questions, and voice their concerns.

An open conversation will:

- Disarm the notion that this is a lecture
- Provide a relaxed environment to discuss ideas without making them feel like they are being blamed or are in trouble
- Let your child know you value their honesty and are willing to listen without judgment
- Reassure that you can always be counted on for support and that your child can confide in you whenever needed

Here are some questions you can pose as conversation starters:

1. "What fact from the video did you find most surprising?"
2. "Why do you think teens rate fentanyl as less dangerous than cocaine or heroin, even though it's much more deadly?"
3. "Why do you think some young people take pills they didn't get from a pharmacist?"
4. "Do you see drugs at school?"
5. "Do you feel like you can talk to friends and family about fentanyl? If not, what would have to change?"
6. "What steps can we take as a family to stay informed about drug safety?"

### Wrap-up the conversation.

You've taken a brave step by starting this conversation with your child. The wrap-up is important to keep the conversation going. We want our kids to feel safe and unjudged. Offering empathy and support will help in having continued discussions. Remind your child that they can trust you and that you are there for support and guidance.

- "Thank you for having this important conversation with me, I want to continue talking and sharing new information as we learn more. Can we agree to come together and discuss this again when either of us learns something new about this topic?"
- "Can you let me know if you or a friend might need support? I'm here for you and safety is my #1 priority."